

# PRC BEST PRACTICES

## Pain Management

*Our community of clients is committed to sharing leading improvement practices. PRC Best Practices was created and is always evolving based on the ideas, recommendations, and resources submitted by clients. If you have an idea at work, please share it with us at [info@prccustomresearch.com](mailto:info@prccustomresearch.com).*

### SURVEY QUESTION

**Management of Pain:** Would you rate the management of your pain by staff as:

Response Options are:

Excellent    Very Good    Good    Fair    Poor

### IDEAS:

- In the Labor and Delivery setting, consider a “Comfort Cart.” Partners often find themselves feeling helpless as the pain levels of the woman begins to escalate. A cart equipped with a variety of alternative pain relief items that the partner can actively use to assist the mother-to-be such as massages, scent free massage lotions, microwaveable rich socks, CDs, and other distractions can be a useful and successful device for managing pain.
- Develop a flyer that is provided to all patients on admission that explains what patients should expect about pain management during their stay—this document sets expectation for patients as to what to expect from nursing staff and what their role is in the pain management process.
- Develop a message therapy program to provide patients with comfort, pain relief, improved mobility, and overall improved patient care.
- For those rooms with fluorescent lighting, install nature transparencies that are illuminated and offer a soft glow that is restful and calming to the patient.
- Provide music therapy through the television to help relax the patient.

### TO TRACK YOUR PATIENT PERCEPTION SCORES ON THIS QUESTION:

Visit [www.prceasyview.com](http://www.prceasyview.com) for data updates.

PRC’s “EasyView to You” feature can email your desired reporting view of the scores to you on a schedule of your preference.

For assistance contact PRC’s PRCEasyView® Support Team at 1-800-547-9584.

### THANK YOU FOR PARTNERING WITH PRC!

